MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

5:30 AM

LesMills **BODYPUMP**

LesMills

RPM

LesMills **RPM**

LesMills

LesMills **BODYPUMP**

LesMills **RPM**

BODYPUMP

LesMills

LesMills

BODYPUMP LesMills

LesMills **RPM**

9:05 AM

8:15 AM

LesMills **CXWORX**

Drums Alive

BODYPUMP

LesMills **CXWORX**

LesMills

RPM

LesMills **CXWORX**

RPM

9:15 AM

LesMills **BODYPUMP**

9:30 AM



LesMills

RPM









12:10 PM

4:30 PM

5:30 PM

9:45 AM



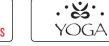
BODYPUMP

LesMills

LesMills

CXWORX

Restorative YOGA



LesMills

BODYPUMP





Drums Alive

LesMills RODYPUMP

LesMills **RPM**

LesMills **BODYPUMP**

LesMills CXWORX







6:30 PM



POOL HOURS

MON - THU 5:00AM - 8:00PM FRI 5:00AM - 7:30PM SAT 9:00AM - 4:30PM SUN 1:00PM - 5:30PM

KIDWORKS HOURS

MON - THU 8:00AM - 2:00PM 3:00PM - 8:00PM FRI 8:00AM - 2:00PM 3:00PM - 6:00PM

SATURDAY: 8:00AM - 1:00PM

FACILITY HOURS

MON - THU 5:00AM - 10:00PM FRI 5:00AM - 8:00PM SAT 8:00AM - 5:00PM SUN 1:00PM - 6:00PM